

SHAPING THE FUTURE OF CARE WITH OLDER PEOPLE IN DERBYSHIRE



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**‘CONSULTATION ON THE PLANS FOR
NEW DEVELOPMENTS AND THEIR
EFFECTS ON EXISTING SERVICES IN
DERBYSHIRE’**

1. Introduction

We've been talking to older people and carers for the last few years about the services they have, what they may need in the future and what care they expect.

They've told us what's important to them including:

- Living in their own homes
- Receiving care in their own homes
- Fast assessments and response
- Easily available information
- Their own front door
- More choice in residential care including better amenities, bigger bedrooms, en-suite bathrooms and more staff
- Services geared to all cultures
- Privacy and independence if it is not possible to live at home
- More support for carers
- Easily available rehabilitation and re-ablement services
- Specialist long-term services for people with higher levels of need such as dementia.

Our five year plan, drawn up with Derbyshire's primary care trusts, looks at ways to meet the expectations of Derbyshire people in the future. The plan - "Services for Older People – Joint Commissioning Strategy 2009-2014" - aims to give older people more choice and help them to keep their independence and well-being.

We have major plans in place to meet the challenges of the future including:

Residential and Community Care Centres.

This will provide:

- Long-term care for 16 older people with dementia and more complex needs
- Short-term intermediate and respite care for 16 older people
- A range of day opportunities for older people in the community which may include day respite, advice and information services, rehabilitation and health and support services.

And;

Extra Care Housing.

This will provide:

- An alternative to traditional residential care
- Independence
- 24-hour care and support when it is needed
- Community facilities
- Your own home with your own front door

We are already developing two new Residential and Community Care Centres.

The first is in Staveley, and is due for completion in spring 2010.

The second centre in Swadlincote has just received planning approval and will include an extra care housing scheme.

We would like to build a further six centres around the county. We are waiting for the Government to give us the go-ahead for four centres and we have submitted a further bid for the final two.

2. Benefits of the planned new services and facilities

- More people will be able to live independently
- There will be more facilities to support carers and for use by the wider community
- Easier access to a broad range of services and information
- Increased social inclusion for older people
- Improved choice and control for people by working more closely with voluntary and statutory organisations, individuals and carers
- Safer and stronger communities
- Improved access to specific services like respite and rehabilitation.
- Energy efficient buildings
- Help for family and carers to help them continue providing support

3. Proposal for changing the way services are currently provided.

Over the next 20 years there will be an increased demand for services with more people living longer with long-term health problems.

We have looked at a number of different options to see how we can meet these new challenges and provide the services older people and their carers

have asked for using the funding that we have available and by using it wisely.

We would like to develop eight Residential and Community Care Centres across Derbyshire and also add to our existing number of extra care housing schemes which would replace older homes and services.

Part of our plan will include looking closely at our 27 residential homes for older people and our day centres. We will establish which ones can be adapted and used alongside new services and facilities and which ones are not suitable to meet the challenges of the future.

Once we've done this we are proposing, over a period of years, to close those homes and/or day centres that cannot be adapted, as the new services open. These changes may not happen for at least two to three years except for Brendon House, Woodlands and Lincote Day Centre.

We will look at a number of criteria before making a decision over the future of our homes for older people and day centres.

These will include:

- The area it is in and how close it will be to new services and facilities.
- The quality of the physical environment (quality of the building).
- The cost of bringing the building up to the Department of Health's minimum standards for new facilities.
- Ability of the building to adapt to future changes in services.
- The size of the land the building or service sits on and the possibility of developing the site for a Residential and Community Care Centres or Extra Care Housing.
- The value of the land the facility or service sits on (to be used to continue to develop new services)

No decisions have been made about the long-term future of any of our Homes for Older People at this stage.

This is with the exception of Brendon House, The Woodlands and Lincote Day Centre where there has already been detailed consultation and a formal decision made to close them. This will happen only when the new Residential and Community Care Centres open in Staveley and Swadlincote.

4. Having your say

We want your views and comments on our proposals and any other information you think we need to know when we consider the future of your residential home or service.

The formal consultation starts on 9th November 2009 and will run until 26th February 2010.

When the consultation closes a report will go to our Cabinet taking full account of your views and making a number of recommendations.

There are a number of ways you can tell us your views.

- By speaking with an officer of the Council at one of the drop in sessions held within your home or centre
- Fill in the attached short questionnaire
- Focus Groups
- By letter
- By telephone
- Through our website
- Via e-mail

If you need help completing your questionnaire, staff and managers in your home will be able to assist you and pre-addressed envelopes are available.

You could also ask a relative, friend or advocate, to help you with completing the questionnaire or write to us and give your views on your behalf.

Find the details of how to contact us at the end of this document.

Staff will also be able to give their comments and there will be meetings with trade unions and human resources during the consultation period.

5. Your options if you are using our services

If we decide in the future to close your home or service, we will carry out a detailed assessment of your needs with you to look at the options available to you which may include;

- Living in one of our Residential and Community Care Centres,
- Extra Care Sheltered Housing,
- Moving to an independent residential care home,
- Living closer to relatives or an area you know.

6. What Happens Next.

After the consultation and the report to Cabinet we will write to you to let you know what has been decided.

We will also arrange briefing sessions for managers who run your service so that they can give you more details about what is happening.

This will all take a long time and there may be no major changes to existing homes or services within the next few years with the exception of Brendon House, The Woodlands and Lincote Day Centre as previously mentioned.

8. Contact Us.

Written comments and questionnaires should be returned to us at the address below no later than 26th February 2010.

You can send us your views or contact us for more information in the following ways.

Write to:

**Stakeholder Engagement Team
Adult Care
Derbyshire County Council
County Hall
Matlock
DE4 3AG**

Telephone: Call Derbyshire 08456 058 058

E-mail: makingcarepersonal@derbyshire.gov.uk

Via our website:

www.derbyshire.gov.uk

This document is available in larger print, minority ethnic languages and audio cassette upon request.

OUR PLAN FOR THE FUTURE

SERVICES FOR OLDER PEOPLE – JOINT COMMISSIONING STRATEGY 2009-2014

The “Services for Older People - Joint Commissioning Strategy 2009-2014” has been developed by Derbyshire County Council Adult Care, Derbyshire County and Tameside & Glossop Primary Care Trusts.

It is Derbyshire’s plan and vision of how services will be developed to meet the changing needs and expectations of people aged 65 and over in the county.

THIS VISION INCLUDES:

- Promotion of ‘well-being’ or good health/ill health prevention
- Prompt diagnosis and referral for treatment
- Access to emergency and acute care
- Access to early support and specialist services
- Access to rehabilitation services in the community
- Help to prepare for and return to the workplace
- Provision of equipment and help to get the right accommodation
- Provision of personal care and support where needed,
- Support and care for people who are dying
- Help for family and carers to help them continue providing support
- Services developed as a whole system approach to enable a more effective and person-centred response to need
- A suitably skilled workforce across health and social care.

Key priorities to help us achieve this vision for 2009/10 include:

1. Improving access to good quality, consistent information, advice and advocacy on services for older people
2. Commissioning high quality, integrated stroke services
3. Commissioning a wide range of services that will support older people to maintain a healthy and independent lifestyle and reduce health inequalities
4. Developing high quality, consistent falls prevention services
5. Reviewing intermediate care services across Derbyshire and commissioning according to need.

A copy of the draft “Services for Older People - Joint Commissioning Strategy 2009-2014” is include on our website, www.derbyshire.gov.uk

What is a Residential and Community Care Centre?

Residential and Community Care Centres provide a range of services and communal facilities to help older people living in the area stay as independent and healthy as possible.

Our aim is to make each of our new centres the heart of the local community.

The centres offer:

- Accommodation for 16 long-term residents with complex needs including dementia,
- 16 short-term places for rehabilitation, respite and intermediate care, for instance after a stay in hospital,
- A range of day opportunities for older people in the local area including a restaurant, hair salon, advice and information areas, activity rooms and a café,
- Advice and help with new technology that can help people to live safely in their own homes in the `assistive technology shop' including demonstrations,
- A day respite service to support older vulnerable people and their carers,
- A range of health and well-being facilities including a gym, physiotherapy and treatment rooms run with the local primary care trust.

Support for carers will include respite care, information, advocacy and advice as well as demonstrations in the `assistive technology shop' of the latest gadgets to help people live safely and independently.

All centres are will have landscaped gardens for people who live there or are just visiting for the day to use.

What is Extra Care Housing?

Extra Care Housing gives people an alternative to residential care where they can live as independently as possible with the reassurance that care and support is on hand if they need it 24 hours a day.

Most people tell us they would prefer to stay living in their own homes and be cared for there for as long as possible. Where this isn't possible, people have told us that Extra Care Housing is a good alternative.

Older people have told us they want:

- To be in control and have a say in how they choose to live their life
- To live in a safe and secure environment
- Independence and choice
- The opportunity to keep a social life and meet others in similar situations
- To be able to come and go as they please.

Some examples of facilities you might see in an Extra Care Housing Scheme are:

- Individual one and two bedroom accommodation with own lounge, kitchen and bathroom
- Communal lounges
- Landscaped gardens
- 24-hour call system with assistive technology that can alert others if there's a problem
- Restaurant/coffee shop
- Library/quiet room
- Internet café
- Onsite shop/general store
- Activity rooms
- Treatment rooms as an alternative to seeing a health professional in your own apartment
- A laundrette
- Hair salon

What are the benefits of Extra Care Housing?

- It is your own home with your own front door
- It allows couples to remain together
- It gives you freedom to live your life on your terms
- Care and support is available 24 hours a day when you need it
- Security
- Community spirit
- Access to a range of health and fitness services designed to keep you fit, active and independent
- Apartments are available for sale, rent or shared ownership giving you options.

We have three Extra Care Housing Schemes in Derbyshire and a fourth is planned to be developed in Swadlincote.

What is Assistive Technology?

Assistive technology can be anything from aids and adaptations to your home, 'pick up sticks', a shower seat or electronic gadgets installed in your home.

There's a wide range of gadgets to choose from, for example one that senses when you get out of bed and switches a light on or reminds you to take medication.

This technology can help you live as independently as possible with the reassurance that should something go wrong someone will be alerted quickly and be on hand to help.

It can be installed wherever you live - in your own home, an Extra Care Scheme or a care centre.

Hundreds of older people already use assistive technology and examples include:

- Fall detectors
- Flood detectors
- Low temperature warning devices
- Pendant alarms
- Medication dispensers
- Pick up sticks
- Door monitors
- Pressure pads that can activate lights or alert a carer
- Smoke detectors
- Adapted cutlery
- Easy-pour kettles
- Adapted taps

To find out more about what is available and how it can help you contact your care manager or alternatively ring Call Derbyshire on 08456 058 058 for more information.