

What is the Derbyshire Trusted Befriending Network?

The Derbyshire Trusted Befriending Network ensures that isolated and vulnerable adults across Derbyshire who could benefit from befriending support are able to do so. All of the services that make up the network are quality approved, so people using these services can be confident that they are safe and well run.

What do we mean by “befriending”?

Befriending is defined as a service where a person receives support and encouragement from another person (usually a volunteer). The volunteer is someone other than a family member or friend and the relationship is usually set up and supported by a group or organisation.

A number of different types of befriending are available, including:

- One to one visits in the home environment;
- One to one sessions that include support to access an activity that is chosen by the person being befriended;
- Telephone befriending where the person receives a scheduled telephone call at a mutually convenient time;
- Group support for those with a shared need.

Who is responsible?

South Derbyshire CVS, in partnership with Derbyshire County Council Adult Care, has developed and implemented the Derbyshire Trusted Befriending Network.

Who can join?

Membership of the Derbyshire Trusted Befriending Network is free. It is open to one-to-one befriending schemes and to organisations where volunteer befrienders offer support and social contact to isolated people in a group setting. Members must have achieved, or be working towards, the Derbyshire Trusted Befriending Network quality standard.

How do I find out about befriending services available across Derbyshire?

A Directory of Services has been produced that includes information about the befriending services available across Derbyshire. A copy of this can be obtained using the contact details below.

Adult Care Fact Sheet: Derbyshire Trusted Befriending Network

More information:

For more information about the Derbyshire Trusted Befriending Network, or befriending services in general, contact:

Vicki Jones, Trusted Befriending Network Coordinator, South Derbyshire CVS

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E-mail: vickij@sd cvs.org.uk or befriending@sd cvs.org.uk

Or visit the Derbyshire Trusted Befriending network webpage:

www.derbyshire.gov.uk/trustedbefriending

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