



# Easy Read Guide to Adult Care Assessments





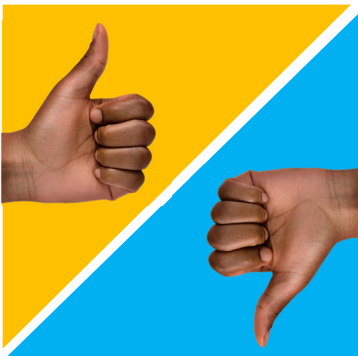
Your assessment could begin with a telephone call with Call Derbyshire

Their telephone number is 01629 533190

**They will ask you about:**



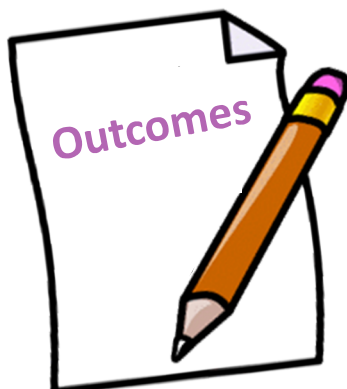
- What is important to and for you
- What you would like for the future



- What you can do
- What you find hard to do



- What support you need



These are called outcomes



If we need more information a worker will make an appointment to see you face to face



When we meet you can choose to invite the people who know you best



If you have nobody who can support you in your assessment then your worker can get somebody to help

**The worker will ask you about these things:**



- Eating healthy



- Keeping yourself clean



- Using the toilet



- Choosing the right clothes to wear



- Work
- Training
- Education
- Volunteering



- Keeping your house clean



- Seeing your family and making friends



- Being safe at home



- Getting out and about



- Looking after your children



We will use the information you tell us about your life to decide if you can have help and support



If your help and support costs money you will be given a budget

Together we will decide what you can spend this on:



If you have any questions you can:



Phone Call Derbyshire: 01629 533190



Email: [contactcentre@derbyshire.gov.uk](mailto:contactcentre@derbyshire.gov.uk)



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This booklet has been co-produced by  
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