

**Choice &  
Control  
Charter**

**Making  
Choices...  
Being in  
Control**



# The Choice & Control Charter

for people with learning disabilities



## Making Choices - Being in Control

If you do not understand this or feel that others are not sticking to the charter then you can contact:

**Call Derbyshire 01629 533190**

This leaflet is available in braille, audio, large print and alternate languages on request. Please contact Call Derbyshire if you need to order a copy.



# I have the right to:



Be treated with respect and as a valued member of the community



Support to make plans for my life and be told what is available



Take part in employment, education, leisure activities and short breaks



Advocacy and be included in meetings that are about me and the services I receive



Support with my choice of friendships and relationships

# I have the right to:



Have someone listen to me if I am worried or upset and know something will be done about it.



Have help to stay healthy



A choice of where I live from the places available to me



Have help with communication in a way I understand and tell people what I want them to know



Equal rights to all the services I need.