

EXTRA CARE HOUSING FOR DERBYSHIRE RESIDENTS



What Extra Care Housing is available in Derbyshire?

Adult Care works with housing providers to offer Extra Care schemes.

These are located around Derbyshire and are being developed all the time.

If you are interested in Extra Care housing you will need to:

- Contact your district or borough council
- Contact Call Derbyshire on 01629 533190
- Go on the Derbyshire County Council website



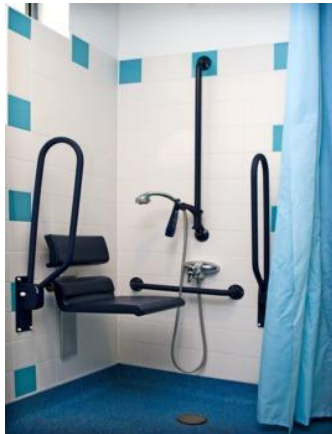
More questions?

Advice about housing options is available from iDecide.

Call **0115 9306661** or go to www.idecidederbyshire.org.

If you live in Derbyshire Dales you can contact the Age UK Housing Options Service

Call **01773 768240** or go to www.ageukderbyandderbyshire.org.uk



What do we mean by Extra Care Housing?

Extra Care Housing provides independent living within a communal setting.

The apartments are easily accessible and include level access showers.

Care support is available from care staff who are onsite 24 hours a day.

Communal facilities can include a restaurant, hairdressers and library.

A range of social and leisure activities are available to join in with.



Christopher's story

Christopher is a 45 year old man with a learning disability.

He lived with both his parents until his Dad died.

Since then Christopher and his mother have struggled more to manage at home.

Christopher's friend told him about extra care housing at Waltham House.

Christopher's mother spoke to Adult care and arranged to move.

Christopher and his mother are happy in their new apartment.

Christopher is able to access the social activities onsite without his mother worrying about him.



Could Extra Care Housing be the right choice for you?

- Are you struggling to manage in your own home?
- Do you have care needs and need support to manage these?
- Are you over 55?

Do you want to remain living independently, but have help at hand?

Extra Care Housing could be right for you.

Applications will also be considered for younger people with disabilities.



Marie's story

Marie is a 92 years old lady who has dementia and limited mobility.

Her neighbours do not understand her difficulties and can be abusive

Marie is anxious and feels isolated.

Marie wanted to live independently but with more support available if needed.

Her social worker referred her to an extra care scheme.

Marie now gets support every day from the on- site care staff.

She uses the warden call system in her flat to get help if she has an emergency.

Marie no longer feels isolated and enjoys the social life and communal facilities the scheme offers.



Extra Care housing provides the following:

Self-contained two bedroomed apartments suitable for individual, couples, relatives or friends to share

Apartments available for sale, rent or shared ownership.

Access to communal facilities that can include a lounge and restaurant.

Access to care support which is available onsite 24 hours a day.

Accommodation that is suitable for wheelchair users and offers level access showers.



Joan and Alan's story

Joan and Alan have been married for 57 years.

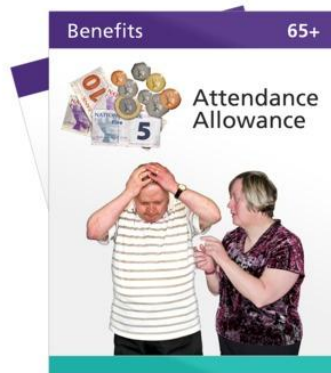
When Alan started to get forgetful Joan worried he could not manage at home.

Their Adult Care Worker asked them to look at Extra Care Housing.

Joan felt the extra care apartment was better suited to their needs.

There was a level access shower and support available if they needed it.

Joan and Alan have also made new friends and become involved in new activities.



How much does Extra Care Housing cost?

Extra Care Housing is affordable for everyone who needs it.

The amount you pay will vary depending on your income.

You may have to pay all of the costs or you may be entitled to benefits to cover some or all of the charges.

There are four elements to the cost of Extra Care Housing:

- The cost of buying or renting your home
- A service charge associated with your home for maintenance, management of the scheme and any communal facilities
- Your care and support costs
- Your everyday living expenses, such as utilities, food etc.