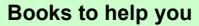


Help with Keeping kids active

Library staff will be able to help you find these books or others on the subject.



- Usborne first picture playground games Claire
 Masset
- Yoga fun for toddlers, children and you –
 Juliet Pegrum
- Boost your child's fitness Ceri Roberts
- Baby massage Peter Walker

Books to share

- Hop, skip and jump Lia Foa
- The animal bop won't stop Jan Ormerod
- Wiggle, jump, stomp Mr Croc Jo Lodge
- Usborne action rhymes Giuliana Gregori
- Keep running gingerbread man Steve
- Smallman
- George goes swimming Nicola Smee
- Books in the series Baby Gym by Sanja Rescek

Libraries have a wide range of information on many parenting topics - most libraries have parenting collections.

Look out for other booklists for parents on topics such as healthy eating; bereavement; fitness; weaning and breastfeeding; potty training; sleeping; safety and a new sister/brother.

Not a library member yet?

- Join for free at any Derbyshire Library or online via our website.
- Bring along a form of ID to a library.
- Anyone of any age can have their own ticket.
- Charges may apply for some items children under 12 pay nothing for books.
- There's lots to discover in your library.

To find your nearest Derbyshire Library

Check our **website**: <u>www.derbyshire.gov.uk/libraries</u> or **Call Derbyshire**: 01629 533190 or **text** 86555

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