



## Help with ... Feelings

Library staff will be able to help you find these books or others on the subject.

### Books to share

- *A book of feelings* - **Amanda McCardie**
- *Understanding feelings* - **Susan Martineau**
- *I'm sad and other tricky feelings* - **Clare Hibbert**
- *Wilbur's book of feelings* - **Valerie Thomas**
- *Everybody feels .... Happy/ sad/ scared/angry* - 4 books by **Moira Butterfield**
- *Great big book of feelings* - **Mary Hoffman**
- *Huge bag of worries* - **Virginia Ironside**
- *Tiger has a tantrum* - **Sue Graves**
- *My feelings* - **Sarah Jennings**
- *Emily's Tiger* - **Miriam Latimer**
- *Grumpy Gertie* - **Sam Lloyd**
- *Marvin gets mad* - **Joseph Theobald**
- *Gracie Grumposaurus* - **Brian Moses**
- *My big shouting day* - **Rebecca Patterson**
- *Worries go away* - **Kes Gray**
- *My big shouting day* - **Rebecca Patterson**

**Libraries have a wide range of information on many parenting topics - most libraries have parenting collections.**

Look out for other booklists on topics such as healthy eating; bereavement; fitness; weaning and breastfeeding; potty training; sleeping; safety, a new sister/brother, starting playgroup/school and first experiences

## **Not a library member yet?**

- Join for free at any Derbyshire Library or online via our website.
- Bring along some official ID to a library.
- Anyone of any age can have their own ticket.
- Charges may apply for some items - children under 12 pay nothing for books.
- There's lots more to discover in your library.

## **To find your nearest Derbyshire Library**

Check our **website**: [www.derbyshire.gov.uk/libraries](http://www.derbyshire.gov.uk/libraries)  
or **Call Derbyshire**: 01629 533190 or **text** 86555  
and you can **follow us** on



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