



Help with

Breastfeeding and Weaning

Library staff will be able to help you find these books or others on the subject.

Books to help you

- *Baby-led breastfeeding* - **Gill Rapley**
- *Baby whisperer: Breastfeeding* - **Tracy Hogg**
- *Quick and easy weaning* - **Annabel Karmel**
- *Baby-led weaning and Baby-led weaning cookbook* - **Gill Rapley**
- *Feeding your baby day by day* - **Fiona Wilcock**
- *Successful infant feeding* - **Heather Welford**
- *Weaning made easy* - **Rana Conway**
- *Easy weaning* - **Sara Patience**

Books to share

- *The new baby* - **Anne Civardi**
- *Supermum* - **Mick Manning**
- *I will not ever never eat a tomato* - **Lauren Child**
- *I can eat a rainbow* - **Annabel Karmel**

Libraries have a wide range of information on many parenting topics - most libraries have parenting collections.

Look out for other booklists for parents on topics such as healthy eating; bereavement; fitness; weaning and breastfeeding; potty training; sleeping; safety and a new sister/brother.

Not a library member yet?

- Join for free at any Derbyshire Library or online via our website.
- Bring along a form of ID to a library.
- Anyone of any age can have their own ticket.
- Charges may apply for some items - children under 12 pay nothing for books.
- There's lots to discover in your library.

To find your nearest Derbyshire Library

Check our **website**: www.derbyshire.gov.uk/libraries
or **Call Derbyshire**: 01629 533190 or **text** 86555

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